

Daily Sheet

Directions and Usage Tips

1. The purpose of the *Daily Sheet* is to highlight entrants conditioned by trainers who have compiled a (1) High win %; (2) High In-the-money % OR (3) Low win % in the pre-defined RACE FACTOR and/or KARMA MOVE categories defined below.

2. The RACE FACTOR categories captured on this sheet include:

Race Class	2-Yr-Old Races (n/a)	State-Bred Races (n/a)	
Dirt Routes	Dirt Sprints	Turf Sprints	Turf Routes

Note that our race classes are abbreviated as follows:

ALW is an allowance race at any condition.

CLM is a claiming race below the \$40k level. All claiming races at \$40k and higher are classified as allowance races. Optional claimers below \$40k are treated as claiming races. Optional claimers of \$40k and higher are treated as allowance races.

MSW is a maiden special weight (or maiden allowance) race.

MD is a maiden claiming race at all claiming levels.

STK is a stakes or overnight handicap.

3. The KARMA MOVE categories captured on this sheet include:

Overall Record	Surface Switch	Distance Move
Class Move	Off the Claim	Starts at the Meet
Key Jockey Combo	Starts off the 30+ Day Layoff	Last Race Within 14 days
Last Race Within 15 to 30 days	Last Race Within 31 to 60 days	Last Race Within 61 to 90 days
Last Race Greater Than 90 days	Maiden First Time Starter	1st or 2nd Start on Lasix

4. The information in this *Daily Sheet* is based on the previous three years of results at Meadowlands. In order for a trainer's RACE FACTOR or KARMA MOVE record to qualify, it had to meet the following criteria:

Category	Sheet Code	Sample Minimums	Qualifiers
High Winning %	W%	2 wins	25% and higher
High In-the-money %	I%	5 starts	50% and higher
Low Winning %	Low%	5 starts	5% or lower
High Winning % AND High In-the-money %	W%I%	2 wins	25% and higher for the Win% AND 50% and higher for ITM%

5. For each race, we will list the following fields:

Horse	Trainer	Category	Sts	W	P	S	W%	I%	Aver Pay	P/L	Sheet Code
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Abbreviations are as follows:

Category: RACE FACTOR or KARMA MOVE category per 2 and 3 above.

Sts= Starts

W= Wins

P= Place

S= Show

W%= Winning Average (W divided by Sts)

I%= In-The-Money Average ((W+P+S) divided by Sts)

Aver Pay= Average Winning Payoff (total returned divided by W)

P/L= Profit or (Loss) based on a \$2 win bet on each starter in the sample

6. *The Daily Sheet* also includes several other important handicapping categories:

Category	Sheet Code	Explanation
Key Race	KEY	A Key Race is defined as a previous race which has gone on to produce TWO or more winners in subsequent races.
Horse For Course	HFC	Qualifications for HFC status are as follows: two or more wins over the turf or dirt courses during the last three meets.
Horse To Watch	HTW	Horses to Watch are based on a list compiled by our Trackman.
Bomb Squad	Bomb	A trainer who consistently saddles longshots that pay, at a minimum, \$15 to win. Most of our Bomb Squad trainers also managed to maintain at least an 5% winning average.
Low % Record Odds >10-1 >20-1, etc.	Odds	This category captures only low % trainer records in various odds categories and will be displayed every time a trainer enters a horse at the meet.

7. A word about our stats. In order for certain KARMA MOVES to qualify, BOTH legs of the KARMA MOVE must take place at the current meet. For example, if Horse A last raced at Gulfstream Park going six furlongs (a SPRINT) and is now running in a Woodbine dirt ROUTE race at 1 1/16 miles in its 1st start of the meet, *The Daily Sheet* will NOT recognize this Horse as making a stretchout move. As such, you will not see ANY classic KARMA moves (distance, surface, class, off the claim, 2nd and 3rd starts off the 30+ day layoff) attached to horses MAKING THEIR 1ST START OF THE MEET.

8. Okay, that makes sense. But can we still apply the classic KARMA MOVE stats to a horse making its 1st start of the meet? That's a tough call. If the horse looks good on paper, the fact that the trainer does well with that move can only add to your confidence level. On the other hand, the trainer may historically be a real stiff with horses making their 1st start of the meet. Bottom line? Don't make the wager based solely on the trainer's record with that KARMA move. Look at the big picture.

9. As you can see, we are covering the highlights and lowlights on each day's card. What happens if Horse A is making a stretchout move and the trainer's winning average was only 23% at the last two meets? That stat WILL NOT show up on the *Daily Sheet*. Does that mean we should ignore that horse? Of course not! It may be a very strong contender based on how the race shapes up competition-wise. Trainers who post mediocre numbers in all categories will not show up on *The Daily Sheet* unless the horse is coming out of a key race, is a listed horse for the course, or is a listed Horse to Watch.

10. Remember, *The Daily Sheet* is NOT a tout service. It isn't even designed to be used on a stand-alone basis. It is designed to save you hours of homework and to act as a memory jogger. Your best chance of success will come if you use *The Sheet* in conjunction with our other products. Go to www.proghandicap.com for more information on what meets we cover and our product line for each meet.

11. Warning! A horse earning a high % RACE FACTOR or KARMA MOVE is not the mortal lock of the new millenium. If only it were that easy! We all know that a variety of circumstances can derail a high % play: (1) track bias; (2) poor trip; (3) poor post position; (4) not in the right spot; and/or (5) not yet ready physically to run back to the stats.

12. What happens if two or more horses show key angles? The answer often depends on what type of wager you are planning to make. For those playing the Pick 6 or Pick 3, the answer is somewhat easier as you may want to use two or more of the high % plays on the ticket for that race. Tri, Super and Exacta players will have to make a decision as to how many of the high % entrants to use as a key. Win players have the toughest choice although "dutching" the race is a possibility. Some important questions to answer include; (1) Who fits the current bias best? (2) Which entrant offers the best value? (3) Are the respective trainers enjoying a successful meet? In the end, the value question becomes the most important.

13. What happens if the track comes up sloppy or muddy? The conservative approach is to NOT play or scale back your wagers. However, if the horse has a decent off-track record or scores well per the Tomlinson mud ratings now found in *Daily Racing Form*, then go for it.

14. WARNING: *The Daily Sheet* is produced BEFORE the early scratches and thus may contain entrants listed on the also-eligible list. It will NOT account for races taken off the turf.

15. WARNING: *The Daily Sheet* lists the horses in ALPHABETICAL order NOT post position or program order. Please refer to your daily program for the correct program number before wagering.

All efforts have been made to ensure accuracy. However, we take no responsibility for omissions and errors. If you spot an error or omission, please call Progressive Handicapping, Inc. immediately and every attempt will be made to correct the problem. If you have any questions or comments, please call us at 800-272-8039 during normal business hours or leave a message on the tape. Our main number is 954-922-2101.